

# Mental Health ICP

ISSUE 5 SEPTEMBER 2008

INTEGRATED CARE PATHWAY NEWSLETTER

## Project Update

Welcome to the summer edition of the NHS QIS Mental Health ICP Newsletter. In this issue you will find updates on all strands of our ICP work as well as other news and wider updates on related work from across Scotland.

We would also like to take this opportunity to introduce three new members of the Mental Health Team. Dr Fiona Forbes, Consultant Child & Adolescent Psychiatrist, NHS Lothian, joins us as Mental Health Advisor for Child and Adolescent, Dr Gary Morrison, Consultant Psychiatrist, NHS Dumfries & Galloway as Mental Health Advisor for Older People, and Dr Alastair Palin, Consultant Psychiatrist/Clinical Director, Grampian Mental Health Services as Mental Health Advisor for Adult Health.

It is with great sadness that we pass our condolences on to the friends

and family of Lawrence Wilson, our Public Involvement Partner, who passed away recently. His efforts on our behalf, which also applies to all his work in the wider field of mental health in Scotland, will be sorely missed.

The NHS QIS mental health website at [www.nhshealthquality.org/mentalhealth](http://www.nhshealthquality.org/mentalhealth) has been updated with information on our new projects. These projects will inform the strategic work programme 2009–2012 which will be launched in spring 2009. Both of these web-based resources will have an important part to play in the continued joined-up approach of NHS QIS mental health work over the next 3 years.

We are continuing to strengthen our links with the Mental Health Collaborative as much of our work has common ground - further details on the Collaborative can be found

inside this issue.

The draft resources for the ICP Toolkit are now available online at [www.nhshealthquality.org/mentalhealth/toolkit](http://www.nhshealthquality.org/mentalhealth/toolkit). The toolkit focus groups were successful in bringing groups of people together to look at what we will need from the toolkit resource when it is launched later this year. More information on accreditation, baseline information gathering and the toolkit can also be found inside. Your feedback is particularly important to us at this challenging and also rewarding time, so do please let us know of any information you feel will support the NHS boards' ICP development.

Mr Sean Doherty  
Team Manager



## ICP Conference Presentations



There were several ICP poster presentations at events in June this year. 'Building an ICP Toolkit: a resource pack for ICP developers' was recently presented at two conferences. Ali El-Ghorr, ICP Programme Resource Manager attended the NHSScotland 'Better Health, Better Care' event at the SECC in Glasgow in late June, with the event aiming to provide a platform for over 1,000 staff from across NHSScotland to come together and discuss, examine and explore the future of health and healthcare delivery in Scotland.

Linda McKechnie, National ICP Co-ordinator, presented the poster at the 'Care Pathways 2008' conference in London. 'Care Pathways' was held over 2 days and consisted of over 40 presentations and 20 poster

displays including case study presentations, workshops, and masterclasses. A wide range of topics were presented from a range of specialties, and the event was attended by delegates from all over the world including Germany, USA, Norway, Belgium, Spain, Netherlands, Italy as well as the UK. Three posters from NHS Dumfries & Galloway were also presented in London by Linda, Marie McKeown and Denise Moffat: 'ICPs - A local response to national strategy', 'An ICP for mentally disordered offenders' and 'The involvement of carers and users in the development of an ICP for dementia'.

An abstract has also been accepted for an oral presentation at the World Psychiatric Association (WPA) Congress in Prague in September 2008.



## Clinical Leads Contact List

We are currently pulling together contact details of clinical and management leads for the diagnostic-specific ICPs within each NHS board area. Once we have permission from individuals, this list

will be circulated to local link co-ordinators. This will be a useful resource for informal networking between leads across the country.

For more information, please contact Sam Atkinson, Project Officer, NHS QIS on 0131 623 4601 or [sam.atkinson@nhs.net](mailto:sam.atkinson@nhs.net)

## Links with the Mental Health Collaborative

As reported in the last issue of this newsletter, the Mental Health Collaborative is now up and running. The Collaborative is based in the Scottish Government Health Directorates and is being hosted in partnership with NHS Greater Glasgow and Clyde. The main aim of the Collaborative is to work together with NHS boards to support staff and share information in order to improve mental health services. The 3-year programme has also identified crossovers with the Mental Health ICP Programme.

For more information on the Mental Health Collaborative, please contact Ruth Glassborow, National Programme Manager on 0131 244 5142 or [Ruth.Glassborow@scotland.gsi.gov.uk](mailto:Ruth.Glassborow@scotland.gsi.gov.uk)

## Mental Health – Matrix Team Working

The NHS QIS Mental Health Matrix Team was established in spring 2008 and holds quarterly meetings with representatives from all mental health projects across the organisation.

### Intended purpose of matrix approach

- support/facilitate delivery of work plan
- contribute to NHS QIS Mental Health Strategy
- contribute to wider mental health agenda
- pursue knowledge management

### Benefits

- facilitation of high-quality thinking
- basis for NHS QIS mental health website
- information sharing across organisation
- useful for project initiation

The NHS QIS mental health website has been updated with the new projects we are working on – please see [www.nhshealthquality.org/mentalhealth](http://www.nhshealthquality.org/mentalhealth) for more information.

## NHS QIS Public Involvement Partner Update

We would like to thank Brian Pearson and Donna Banks for their work on the ICP project and wish them all the best in the future.

For more information on public involvement, please contact Joyce Mouriki, Senior Public Partnership Officer, NHS QIS on 0141 225 5565 or [joyce.mouriki@nhs.net](mailto:joyce.mouriki@nhs.net)

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## NHS Board Perspective – NHS Dumfries & Galloway

I am the ICP development worker for Dumfries and Galloway and have been in post for almost a year now. I work as part of the service development team focusing on ICP development. When I took up post, the five condition-specific groups had been established and process mapping exercises had been carried out (a generic group was added later). Each of the groups has members from a variety of backgrounds. The input and unique perspective of the service users and carers is invaluable to the project and helps to make the ICPs grounded and focused.

There has been great enthusiasm from the group members at driving the ICP project forward with good attendance and input at meetings. The groups have offered the opportunity for members to reflect on examples of good practice within Dumfries and Galloway and suggest innovative and thoughtful ideas. Communication with staff, service users and carers and other stakeholders has been an integral part of the ICP project. We have had awareness raising sessions with community staff, inpatient staff, psychology, service user groups, the voluntary sector, carers and GP leads. This has helped prompt understanding across the region about the aims of the ICP project. People attending these sessions have been able to have their questions answered and discuss any issues or concerns. It has allowed us to send the message that we are not totally changing mental health services, but building on current good practice and evidence and tailoring the ICPs to the needs of the people of Dumfries and Galloway.

We are now bringing together the draft content for our ICPs which we will take to the stakeholders so people have the chance to comment before finalising the ICPs.

Aaron Gauld  
ICP Development Worker  
NHS Dumfries & Galloway



## Baseline Information Gathering

As you are aware, all NHS boards completed an information scoping form in April ahead of individual board meetings, which finished on schedule before the end of June 2008. Following this information gathering exercise, we have prepared a short baseline information report for each NHS board to summarise current progress on developing ICPs for mental health. These reports are in the process of being signed off.

We anticipate that with the support of your national ICP co-ordinator(s) and the information in the baseline reports, your board will be able to draw up a robust action plan for the development and future implementation of ICPs for mental health in your area.

We will be working with you to agree the type of support we can offer as you put your action plans into practice.

To facilitate the sharing of good practice, the final reports will be uploaded onto our Mental Health website in September 2008.

Wendy Forbes  
Lead Project Officer  
Baseline Information Gathering

## ICP Toolkit Development

A set of information resources to support local development and implementation of ICPs was launched in March 2008, and the information will feed into the content of the ICP toolkit when it is launched later this year. The draft resources, which are being continually updated, can be found at [www.nhsheathquality.org/mentalhealth/toolkit](http://www.nhsheathquality.org/mentalhealth/toolkit)

The next stage of work is the development of the full ICP toolkit. A research agency was commissioned to look at the design and delivery of the toolkit. The agency held five toolkit focus group meetings in Edinburgh, Glasgow, Inverness and Aberdeen with key regional stakeholders such as ICP link co-ordinators, clinical leads and service managers to gather ideas to determine user requirements, including any additional information and other resources for inclusion in the toolkit. The results of these focus groups are being analysed at present.

Jan Nicolson  
Lead Project Officer  
ICP Toolkit Development



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## ICP Accreditation

We are committed to developing an accreditation model that is proportionate, that recognises good work completed on 'the road to full accreditation' and supports quality improvement within mental health services. The ICP standards provide the foundations for development of robust ICPs. Once ICPs are in place and functioning, the data that they capture, the analysis of that data and resulting improvements to services will provide the evidence required for accreditation.

We want to ensure that NHS boards don't have to collect more data than is absolutely necessary and that data collection is not duplicated. We want to ensure the accreditation system complements other national initiatives and priorities – achievement of HEAT targets, national benchmarking in mental health, and as far as possible, local government single outcome agreements.

Drawing together these strands into a meaningful and incremental accreditation system is complex and we want to take the time to work with you to get it right. We are continuing to involve key stakeholders through our ICP projects groups and working closely with the Mental Health Collaborative. Our initial priority is to ensure that the NHS boards have basic building blocks in place for ICP development.

While we continue to develop and formalise the ICP accreditation system, it is imperative that NHS boards press ahead with development and implementation of local ICPs in line with the principles outlined in the ICP standards.

The national ICP co-ordinators, the link co-ordinators network and the online ICP information (which will feed into the toolkit, and can be found at [www.nhshealthquality.org/mentalhealth/toolkit](http://www.nhshealthquality.org/mentalhealth/toolkit)) are all available to support local ICP development and implementation and we encourage everyone to make best use of these resources.



Dr Ali El-Ghorr  
ICP Programme Resource Manager  
NHS QIS

# ICP co-ordinators

## Your national ICP co-ordinators by NHS board areas



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NHS Highland  
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NHS Tayside  
NHS Orkney  
NHS Shetland  
NHS Western Isles



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NHS Lothian  
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The State Hospitals Board for  
Scotland  
NHS Ayrshire & Arran



**Mark Fleming**  
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NHS Dumfries & Galloway  
NHS Forth Valley  
NHS Borders

Support for NHS Greater Glasgow and Clyde will be provided by all three national ICP co-ordinators.

## Your local ICP link co-ordinators by NHS board area

### NHS Highland

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