

The Practice Development Network for Dietitians (PDND) is an exciting rebranding of the QIS Dietetic Network. In essence the work of the Network will be to collate, review and facilitate dissemination of developments that have the potential to positively impact on dietetic practice and the patient experience. Following the network meeting in May the decision was made to focus the work of the network on Food, Fluid and Nutritional Care (FFNC). This work will include collation and review of training models adopted, and policies and strategic plans that support FFNC standards.

I hope that during my appointment as Chair to make this Network a vehicle for sharing developments in practice in focused areas which should serve as a catalyst for joint working across Health Boards.



Professor Rosemary Richardson
Practice Development Network Dietetic Chair

NEWS FROM THE NETWORK

- Network to focus on FFNC
- Joint Meeting of QIS Dietetic Network and Dietetic Managers on 19th March 2008 to share strategies for implementation of FFNC Standards.
- NHS Greater Glasgow and Clyde to meet with Professor Marinos Elia (Chair of British Association of Parenteral and Enteral Nutrition) and Eileen Moir (QIS Director of Nursing and Practice Development on implementation of FFNC Standards).

NETWORK MEETINGS AND EVENTS

19th March 2008 - Joint Meeting QIS Network and Dietetic Managers, AK Bell Library, Perth

Please visit www.nhshealthquality.org/ahp for network updates.

Contact Us

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Spotlight on Dietetics - Highlighting areas of work within dietetics Food Fluid & Nutrition

Focus on Screening

Development, Implementation and Evaluation of Nutrition CPD

In response to the Food, Fluid and Nutritional Review (August 2006) NHS Greater Glasgow and Clyde established a FFNC Policy Implementation Group (PIG) which sits at Board level. The Nutrition Care Group (Senior Nursing Staff, Dietitians), a PIG sub-group charged with developing, implementing and evaluating a nutrition education programme to support the FFNC standards. In essence, there are three work streams that the Nutrition Care Group is accountable for, these are:-

- (i) Developing, piloting and evaluation of open and flexible CPD nutrition modules. These modules will be available on intranet and as paper based materials, and will capitalise on work-based learning. Monies have been secured for secondees to work on module development and implementation.
- (ii) Establishing an information system that will permit tracking of uptake and completion of modules.
- (iii) Evaluation of the impact of nutrition CPD on practice. This component will employ 'rapid cycle intervention methodology' pre and post education implementation.

The streams of work from the Nutrition Care should generate an integrated, relevant and robustly evaluated nutrition CPD programme. It will, for the first time, permit tracking of uptake and completion of modules, thereby identifying areas at extremes of uptake. Examining practice post education is perhaps of greatest significance as it will test the module content and identify factors out with the scope of education that affect nutritional care.

Professor Rosemary Richardson
Clinical Effectiveness/Practice Development Lead – Dietetics
Dietetic Service, Adult Acute Division, NHS Greater Glasgow & Clyde



Dysphagia

Focus on Patient Safety

Audit: Evaluation of a joint Dietetic and speech and language therapy service for patients with dysphagia.



There are separate dietetic and speech therapy services for managing referred older adults with dysphagia in East Highland. The proposed change to the service is to plan and deliver a co-ordinated dietetic and speech and language therapy service for older adults referred with dysphagia. The change is being developed within current resources and is supported by the Clinical Effectiveness Team. The results of the audit will be used to assess the success of joint visits and the impact on the speech and language therapist, dietitian and patients.

Anna Bell-Higgs (Dietitian) and Gail Cuthbertson (Speech and language therapist) 01349 852496.

Evidence and Resources

The Road to Recovery Scoping report available from NHS Quality Improvement Scotland was launched in January 2007. This document can be downloaded from www.nhshealthquality.org/ahp or hard copies obtained by contacting ahpadmin.qis@nhs.net with your full mailing address. A programme of practice development support is being developed by the Practice Development Unit at NHS QIS. Six NHS Boards will be selected to be demonstration sites, further details will be published on www.nhshealthquality.org

Obesity

Focus on Low Calorie Meal Replacement Evidence & Resources

Effective dietary interventions for managing overweight and obese children evidence based information sheet has been developed by the Joanna Briggs Institute. This information sheet is based on a systematic review of research published by Blackwell Publishing Asia and conducted by the Australian Centre for Evidence Based Nutrition and Dietetics. More information can be found at

www.blackwell-synergy.com

and to members of the Joanna Briggs Institute via the website

www.joannabriggs.edu.au



SNDRi (Scottish Nutrition and Diet Resources Initiative) **Resources for people with swallowing difficulties**

Lead Clinician - Gillian D Miller (Specialist Community Dietitian)

Background / Aim

To work with the Project Leader of SNDRi, dietetic colleagues and SLTs to produce a series of resources. The aim was to enable clients and their carers to:

- Understand eating, drinking and swallowing difficulties common to dysphagia
- Safely apply the dietary advice required to meet clients' nutritional and fluid requirements

Method

Easier Swallowing Resource Project Group (RPG) was set up in September 2004. The group consisted of a project leader, lead clinician, dietitians from Scotland with a common interest in dysphagia and a representative SLT. The RPG was tasked with gathering an evidence base by carrying out literature searches and looking at existing resources. No existing literature met the resource criteria so the RPG was tasked to produce a series of suitable resources. These were peer reviewed and patient tested prior to final draft and subsequent print.

Results

Production of the Easier Swallowing Pack was printed in Dec '05. The National Descriptors for Texture Modification in Adults formed the basis for the 4 staged information booklets with a further 5 booklets offering advice on specific topics such as ways to add extra nourishment and a guide to thickening fluids.

Clinical Implications / Next Steps.....

- Dietitians are able to offer clients evidenced based information on professionally produced, peer-review, patient tested resources.
- The information is free from commercial bias.
- Following publication of the Easier Swallowing Pack dietitians recognised the need for an educational tool accessible by allied health professionals and a poster format is now in the process of production.