

NHS Shetland

## Learning Disability Services

Local report easy-read summary – February 2006



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## **About this booklet**

This booklet is written for people with learning disabilities, their supporters and family carers.

It tells you how well NHS Shetland is meeting the health needs of children and adults with learning disabilities.

## **What is NHS Quality Improvement Scotland?**

NHS Quality Improvement Scotland (NHS QIS) was set up in January 2003. It is our job to help improve the health services that people in Scotland get.



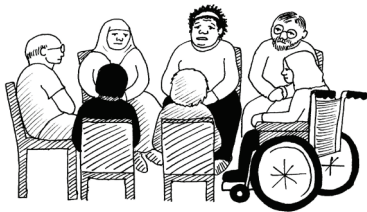
## How do we find out what the NHS Board is doing?

NHS QIS has produced quality checks, which show if a health service is doing its job properly.

The quality checks were used by staff in NHS Shetland to find out how well the service is working. This is called a self-assessment.



| Checklist |                          |   |
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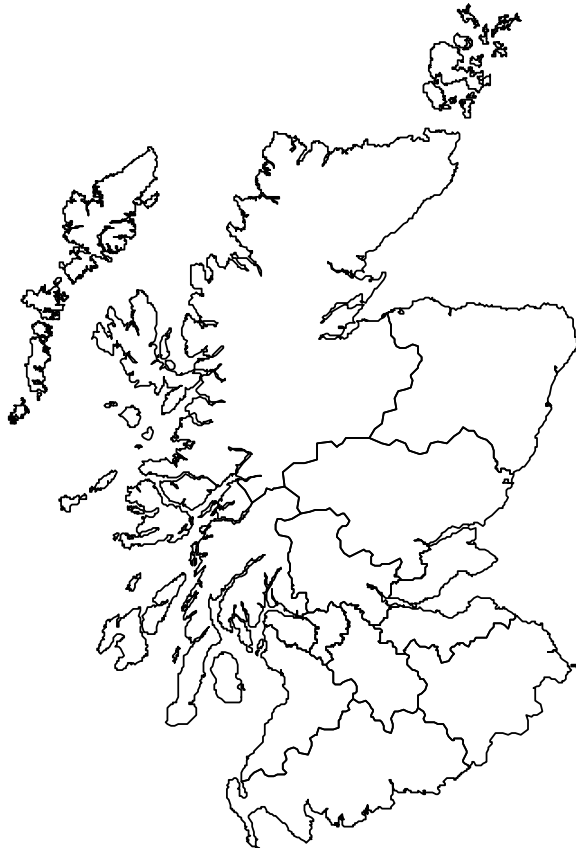
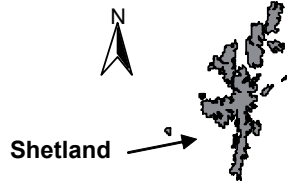


Then a team from NHS QIS visited Shetland and looked at this self-assessment. The NHS QIS team met with staff, people with learning disabilities and carers to find more about the service.

This booklet was written after the NHS QIS visit. It tells you how well NHS Shetland is doing and what it needs to do to improve.

## Some information on Shetland

Shetland is a group of islands north of mainland Scotland and around 21,900 people live there. Many of the people live in the town of Lerwick.



## How is NHS Shetland doing?

### Involving children and adults and their family carers



#### **Good things**

There is a project which helps people with learning disabilities get work opportunities. This is supported by NHS Shetland.

People who use services helped to design the Eric Gray Resource Centre, which is a day centre, run by the social work department.



#### **Things which need to be improved**

People who use services are not always involved at all levels of planning.

More leaflets and other documents need to be easy to read.

## Meeting special healthcare needs



### **Good things**

There are good services in the community for children and adults with learning disabilities and challenging behaviour.

If someone needs services in an emergency, different organisations work well together. Support may be from a duty social worker, a community learning disability nurse or getting an emergency short break.



### **Things which need to be improved**

There is not a formal arrangement agreed when children move from children's to adult learning disability services.



## **Making sure people who have to stay in hospital have a good quality of life**

There are no specific inpatient services for adults with learning disabilities in Shetland.

## Planning services and working together



### **Good things**

The community learning disability nurse co-ordinates health services. The nurse also works well with the district and school nurses.

Staff work hard to care for adults and children with learning disabilities.

Different organisations agree about learning disabilities services in the Partnership in Practice agreement.



### **Things which need to be improved**

More planning for specialist consultant psychiatric services is needed.

A high level plan for staff training is needed.





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## **NHS Quality Improvement Scotland**

Edinburgh Office  
Elliott House  
8-10 Hillside Crescent  
Edinburgh EH7 5EA

Phone: 0131 623 4300  
Textphone: 0131 623 4383

Email: [comments@nhshealthquality.org](mailto:comments@nhshealthquality.org)  
Website: [www.nhshealthquality.org](http://www.nhshealthquality.org)

Glasgow Office  
Delta House  
50 West Nile Street  
Glasgow G1 2NP

Phone: 0141 225 6999  
Textphone: 0141 241 6316