

## One-Day Conference Evaluation in the Arts Therapies: Best Practice

Date: Sat 14th March 2009

Venue: Surgeons Hall, Nicolson Street, Edinburgh EH8 9DW, Tel: +44(0) 131 527 3434

# Timetable

9.15-9.45 Registration and coffee

### Opening Speech:

- 9.45-10.00 Opening of Conference
- Elaine Hunter, AHP Advisor, Mental Health, Scottish Government
  - Dr Vicky Karkou, Chair of Practice Development Network for Arts Therapies. NHS Quality Improvement Scotland (NHS QIS) and Queen Margaret University, Dance Movement Psychotherapy

### Key Note Speeches:

- 10.00-10.20 Arts Therapies Evaluation and Evidence: What Counts?
- Prof Helen Odell-Miller, Anglia Ruskin University, Music Therapy
- 10.20-10.40 Robin Hood in dialogue with the King: evidencing Dance Movement Psychotherapy in the 21st Century
- Dr Bonnie Meekums, University of Leeds, Dance Movement Psychotherapy

### Presentations and Workshops from Scottish-Based Arts Therapists:

- Option 1
- 11.00-11.20 A Broad Spectrum Approach: Evaluation of Art Therapy in a Learning Disabilities Service
- Simon Willoughby-Booth, NHS Lothian, Art Therapy
- 11.20-11.40 Evaluating an Art Therapy Service: Client Change
- Judy Wilkinson, NHS Lothian, Art Therapy
- Option 2
- 11.00-11.40 Sampling Dramatherapy Evaluation Tools in Child and Adolescent Mental Health
- Genevieve Smyth, NHS Borders, Dramatherapy

11.40-12.40 Lunch Break

### Key Note Speakers:

- 13.00-13.20 Practice-Based Evidence in Dramatherapy
- Dr Ditty Dokter, University of Roehampton, Dramatherapy
- 13.20-13.40 An Art Psychotherapy Service Review of Activity and Developments
- Jacky Mahony, Oxleas Foundation Trust, Art Therapy

## Presentations and Workshops from Scottish-Based Arts Therapists:

### Option 1

- 14.00-14.40 Exploring Laban Movement Analysis (LMA) as an Evaluation Tool: Observing and Notating Movement Profiles, Psychological Change and Emotional Integration in Human Action and Interaction  
- Susan Scarth, Queen Margaret University, Dance Movement Psychotherapy

### Option 2

- 14.00-14.40 Evaluating Time-Limited Music Therapy Group Work Projects in Schools  
- Emma Pethybridge, NHS Lothian, Music Therapy

## Panel Discussion with Chairs of Associations and Council Reps:

- 15.00-15.30 Panel Members:  
Madeline Andersen-Warren, Chair of the British Association of Dramatherapist (BADth)  
Stephen Sandford, Chair of the Association of Professional Music Therapists (APMT)  
Geoffery Unkovich, Chair of the Association for Dance Movement Psychotherapy UK (ADMP UK)  
Tony Chenery co-opted member of the Council of the British Association for Art Therapy (BAAT)  
Discussion Chaired by  
- Helen MacFarlane, AHP Programme Director, NHS Education for Scotland (NES)

## Closing Comments:

- 15.30-15.45 Closing Comments  
- Claire Tester, Professional Practice Development Officer (AHP), NHS Quality Improvement Scotland (NHS QIS)

- 15.45-16.00 Evaluation of the Day and Departure